

# Austin/Travis County Health & Human Services



FOR IMMEDIATE RELEASE



CONTACT: Carole Barasch  
[carole.barasch@ci.austin.tx.us](mailto:carole.barasch@ci.austin.tx.us)  
512-972-6115; Cell 512-845-3041

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**December 2, 2010**

## **H1N1 Flu Clinics Expand to General Public**

The Austin/Travis County Health and Human Services Department has expanded its flu clinics to include anyone who would like to receive an H1N1 flu vaccine. Four H1N1 flu shot clinics are scheduled, beginning tomorrow, and vaccines are available **by appointment only**.

To schedule an appointment, please call 972-5520. The appointment process will better serve the needs of people in a more timely and efficient way.

With the holiday season in full swing and people readying themselves for travel—this is an ideal time to get the H1N1 flu vaccine. Additionally, Austin/Travis County Health and Human Services continues to urge everyone to take steps to protect your health and your family's health and lessen the spread of the flu:

- Wash your hands often.
- Cover your coughs and sneezes. Cough or sneeze into your sleeve and not your hands.
- Don't touch your face with your hands.
- Avoid touching your eyes, nose or mouth.
- If you feel sick, stay home from work or school.

More information is available at our website <http://www.ci.austin.tx.us/health/> and by calling 3-1-1 and 2-1-1.

### **H1N1 Flu Clinic Schedule:**

Thursday, December 3

#### **Delco Center**

4601 Pecan Brook Drive

1:00 p.m. – 6:00 p.m.

Friday, December 11

#### **Toney Burger Center**

3200 Jones Road

1:00 p.m. – 6:00 p.m.

Tuesday, December 15

#### **Delco Center**

4601 Pecan Brook Drive

1:00 p.m. – 6:00 p.m.

**(More)**

Thursday, December 17  
**Toney Burger Center**  
3200 Jones Road  
1:00 p.m. – 6:00 p.m.

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