

Texas Public School and AISD Nutrition Policy Related to Vending Machines

Texas Department of Agriculture

Austin ISD

Policy Originally Effective August 1, 2004

REVISIONS EFFECTIVE AUGUST 1, 2007

I. ELEMENTARY SCHOOLS

For purposes of this policy, an elementary school campus is defined as any campus containing a combination of grades EE-6.

Elementary Schools

- No vending machines allowed for student access in elementary schools.
- No restrictions on teacher lounges and non academic facilities
 - All packages, all flavors permitted

II. MIDDLE/JUNIOR HIGH SCHOOLS

For purposes of this policy, a middle school campus is defined as a campus containing grades 6, 7 and 8. A junior high school campus may contain either grades 7 and 8, or grades 7, 8 and 9. K-12 schools may follow the policy requirements designated for middle and junior high schools.

A. Nutrition Standards

The following specific nutrition standards pertain to all beverages served or made available to students on middle and junior high school campuses.

1. Portion Sizes:

a) The following maximum portion size and nutrient restrictions pertain to all foods and beverages served or made available to students on school campuses with the exception of reimbursable school meals, which are governed by USDA regulations.

Middle/Junior High Schools

Beverage Portion Size

- No carbonated beverages in vending machines accessible to students in grades 6-8
- 100% Juice, 10 oz.
- Isotonic Drinks (ie; PowerAde, etc) limited to vending machines in areas of gyms and/or athletic facilities, 12 oz.
- Whole milk, flavored or unflavored. (Flavored milks may contain no more than 30 grams total sugar per 8 fluid ounce serving.), 8 oz.
- Reduced fat milk (2 percent or less), flavored or unflavored. (Flavored milks may contain no more than 30 grams total sugar per 8 fluid ounce serving.), 16 oz.
- **Beverages (other than milk) may contain no more than 30 grams total sugar per 8 fluid ounce serving.**
- No limit on non-carbonated, unflavored bottled water, 12 oz.
- No restrictions on teacher lounges. All packages, all flavors permitted

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2. Competitive Foods

- All foods, beverages and snack items must comply with the nutrition standards and portion size restrictions in this policy.

HIGH SCHOOLS

For purposes of this policy, a high school campus is defined as any campus containing a combination of grades 9, 10, 11 and 12.

A. Nutrition Standards

The following specific nutrition standards pertain to all beverages served or made available to students on high school campuses.

1. Portion Sizes:

The following maximum portion size and nutrient restrictions pertain to all beverages served or made available to students on school campuses.

High Schools

Beverage Portion Size

- No carbonated beverages in vending machines accessible to students in grades 9-12
- 100% Juice, 10 oz.
- Isotonic Drinks (ie; PowerAde, etc) limited to vending machines in areas of gyms and/or athletic facilities, 12 oz.
- Whole milk, flavored or unflavored. (Flavored milks may contain no more than 30 grams total sugar per 8 fluid ounce serving.), 8 oz.
- Reduced fat milk (2 percent or less), flavored or unflavored. (Flavored milks may contain no more than 30 grams total sugar per 8 fluid ounce serving.), 16 oz.
- No limit on non-carbonated, unflavored bottled water, 12 oz.
- **Beverages (other than milk) and those restricted as FMNVs may contain no more than 30 grams total sugar per 8 fluid ounce serving.**
- No restrictions on teacher lounges. All packages, all flavors permitted

2. Competitive Foods

- All foods, beverages and snack items must comply with the nutrition standards and portion size restrictions in this policy.