

**Austin I.S.D. School Health Advisory Council Meeting**  
**Wednesday, November 2, 2011 6:30PM – 8:00PM**

**Call to Order** at 6:41pm

- Present: Andrew Smiley, Andrew Springer, Stephanie Hebert, Gloria Souhami, Vivian Ballard, Julia Hoke, Andrew Wiggins, Carolyn Smith, Garrett Mize, Isabel Clark, June Hayman, Sally Freeman, Katy Levit, Homer Sippio, Vince Torres, Tracy Lunoff, Bob Alexander, Michele Rusnak, Barri Rosenbluth, Lauren Dimitry, Bonnie DeWolfe, Rashaanne Lewis

**Recognition of Guests:** Nicole Holt, Peg Gavin, Milla Impola, Georgette Hogarth, Jesus Ruiz

**Reading and Approval of Minutes:** Motion to accept October minutes by Katy Levit. Second by Isabel Clark. Motion passes.

**Old Business**

Recess Recommendation

- Still in school's office with Dr. Paul Cruz for their consideration
- Will get another ask from the full SHAC to send to associate superintendent meeting
- Andrew Springer would be able to write an e-mail since this is his area of research
- Motion by Vivian Ballard for the executive committee to write a letter concerning the recess recommendation with assistance of Andrew Springer. Second by Homer Sippio, motion passes.

SEL Recommendation

- Went forward after August SHAC meeting through Principal Weekly and Board Weekly

Garden Recommendation

- Also went into Principal Weekly after last SHAC meeting, including Gardening Summit

Fitnessgram Recommendation

- Tracy still waiting on final copy, we will send that to Tracy and to full SHAC
- Still no interpretation from the TEA

**New Business**

Presentation: Underage Drinking Prevention

Presenters: Gloria Souhami, Travis County Underage Drinking Prevention Program and Nicole Holt, Texans Standing Tall

- Underage drinking is happening at all levels and is certainly an issue in AISD – 5 middle school violations and 75 high school violations, not including violations outside of the school
- Alcohol and tobacco are the top two drugs, and prescription drugs are on the rise
- Not just at-risk kids, but also high performing students
- Must have policy in the code of conduct that is understood by teachers, students, and parents. Also, must be implemented correctly and consistently.

- Work with students to find out the nature of the problem, and then spend the bulk of time educating adults to create a world in which youth are less impacted
- Also about youth getting access to alcohol because adults are providing it
- Texans Standing Tall would like to do a survey approved by federal evaluators in AISD
- This could be used in a data pool, will soon have the largest database in the state for high school and college.
- Prevention is constantly getting cut, so every time we add data that shows it's a problem, we can get more funding for it. Can also help us decide where our limited funding will be most beneficial
- Safe Homes program, where parents sign a pledge to always be home and not serve alcohol. Only works as well as the parents who are willing to participate, self-enforcing.
- Surgeon General's 2007 Call to Action to Prevent and Reduce Underage Drinking, all about taking into consideration the different social systems that affect behavior, and how that reinforces or doesn't reinforce what is being taught in the schools
- Evidence based strategies, Texans Standing Tall specifically focuses on Environmental factors, policy, laws, attitudes, behaviors, community control, media and policy advocacy, social pressure, enforcing laws
- Contact: Nicole Holt, nholt@texansstandingtall

#### **Committee Meeting Breakout**

- Exchange contact info, set monthly meeting, and review of 2011-12 SHAC priorities

#### **District Report**

- St. David's Foundation notified district staff that AISD will be awarded a grant of \$300,000 to replace and redesign cafeteria food service lines in six elementary schools: Allison, Dawson, Odom, Sanchez, Widen and Sunset Valley.
- Will have fitnessgram testing at our January meeting.
- We have received an RGK grant to increase physical activity and parent community involvement. 8 middle schools applied and there will be one last opportunity to get that money. \$4,000 for intramural games and \$1,000 for a family fitness fun night. Also provides a stipend for campus coordinator.
- Annual presentation of student health services, annual report from Sally to be sent out electronically

#### **Board Report**

- Will be a greater focus on health and wellness for students and staff

#### **Community Comments**

- Texas Action for Healthy Kids Conference on Friday 9am-3pm at JJ Pickle Center, register online for \$25
- Safe Place, free materials concerning student health and peer relationships
- Also from Safe Place, kits for coaches available concerning dating violence

**Adjourn at 8:17**